

Fingerstyle Guitar

Practice Booklet

By Ben Martin



Practice Pattern T-1-2-3-

Metronome 80BPM

Guitar

Technique

On your picking hand use your thumb on the A and E strings and use your first finger for the G string, your second for the B string and your third for the (high) E string. Make sure your fingers are relaxed and your hand is in a good position and not resting on the strings

Practice Pattern T-2-1-3

Metronome 110BPM

Guitar

25



Guitar

30



Guitar

35



Guitar

39



Technique

Make sure in these examples to start off slowly to allow your 2nd and 3rd fingers to develop enough strength and muscle memory. Playing through these exercises at a gradually increasing speed will enable your second and third fingers to strength match your first.

Practice Pattern T/3-1-2

Metronome 75-90BPM

Measures 9-14 of the guitar part. Measures 9-13 continue the eighth-note pattern. Measure 14 introduces a key change to D major, indicated by two sharps (F# and C#) on the treble staff. The bass staff continues with eighth notes.

35

Guitar

8

The musical notation for the guitar part of 'The Wind' is shown. It begins at measure 35. The notation is written on a single staff with a treble clef. The key signature has one flat (B-flat). The melody consists of eighth and quarter notes, often beamed together in groups of four. The bass line is represented by a single eighth note on the first line of the staff (F4) at the start of each measure. The word 'Guitar' is written to the left of the staff, and the number '8' is written below the first measure.

39

Guitar

8

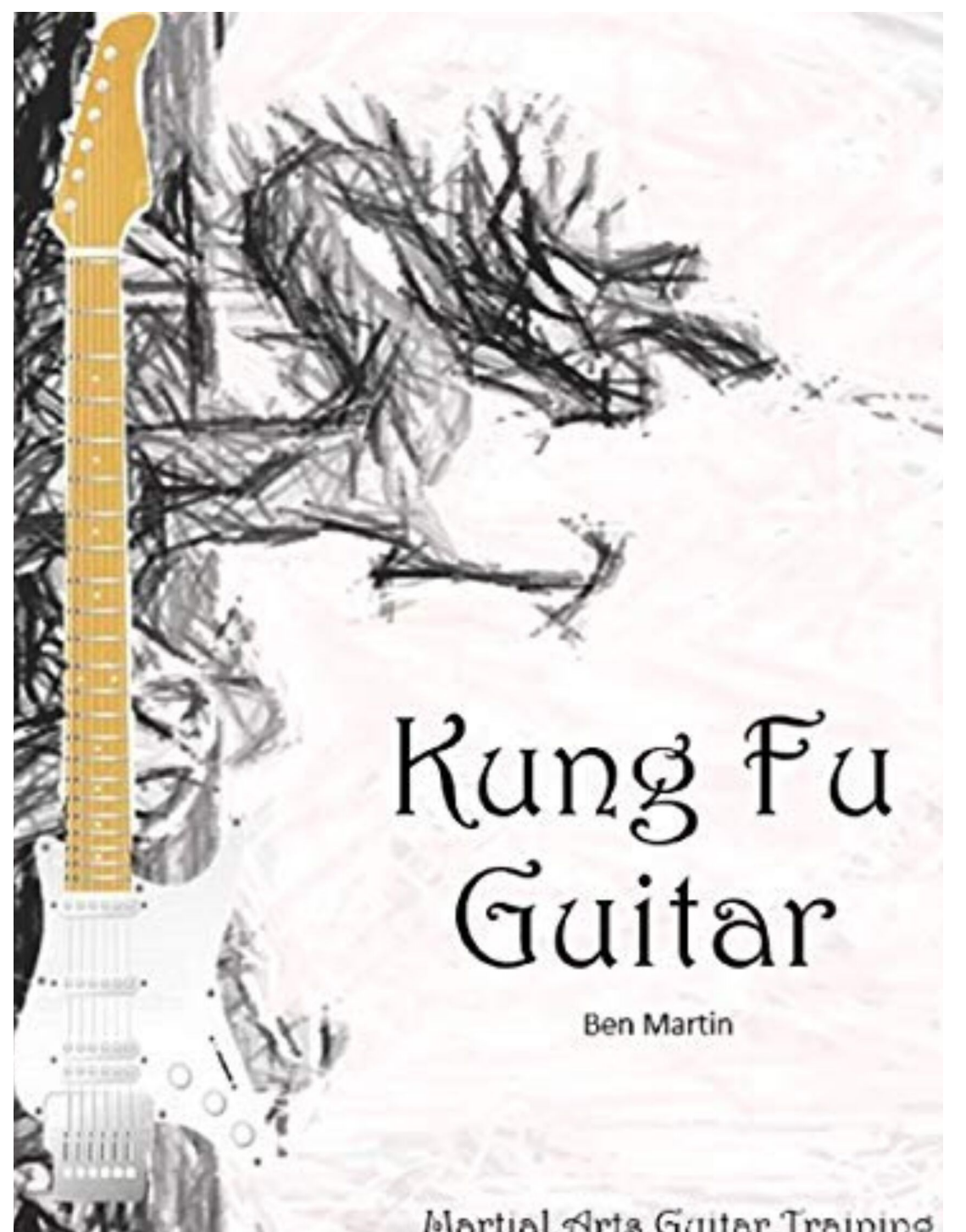
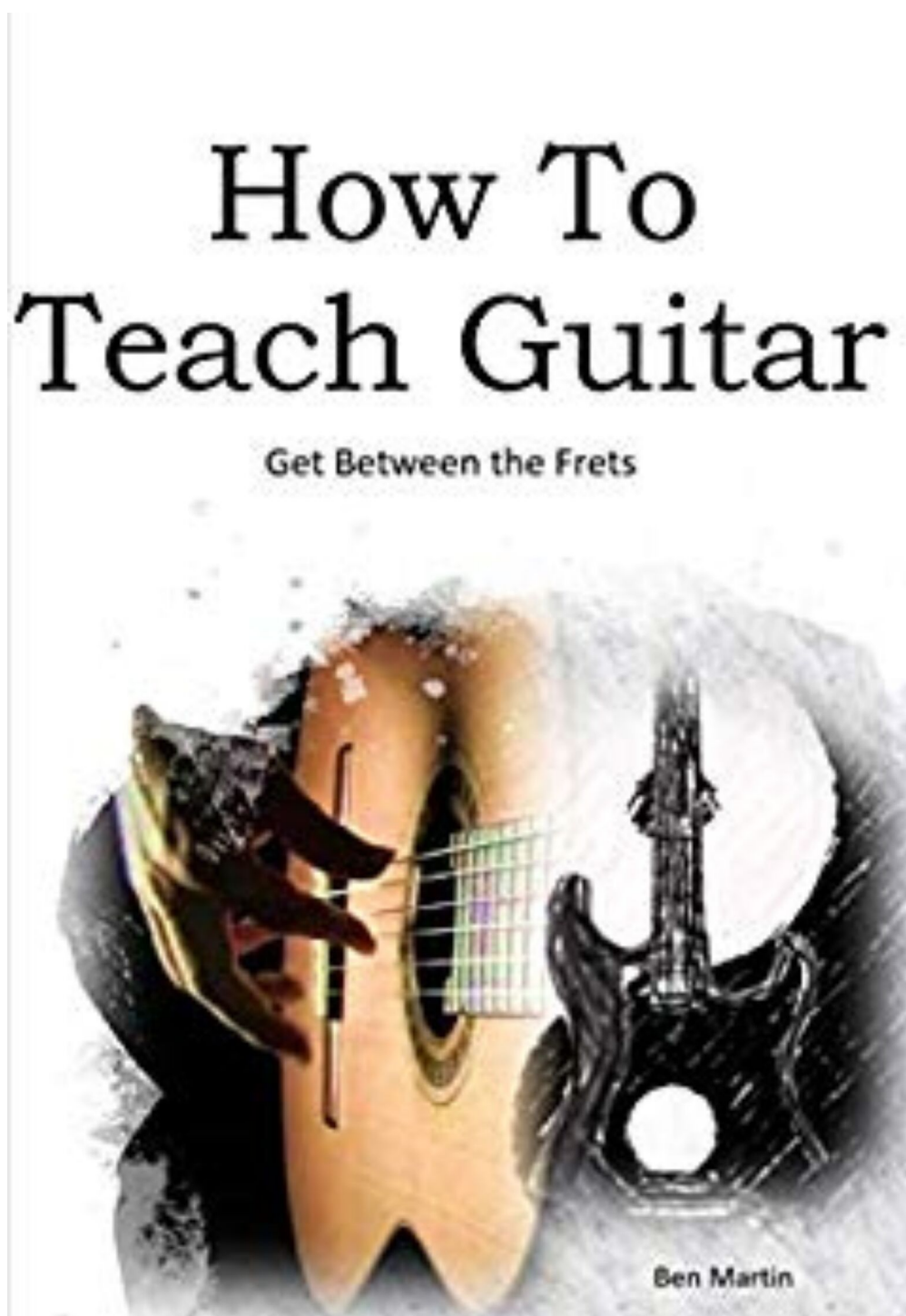
Measures 39-48 of the guitar part. The notation shows a series of eighth-note chords and single notes across eight measures, ending with a double bar line and repeat dots.

Technique

Because we are now experimenting with playing our thumb (T) and 3rd finger at the same time it is important that you watch out for your wrist position and make sure you keep your whole hand relaxed and not resting on the strings.

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